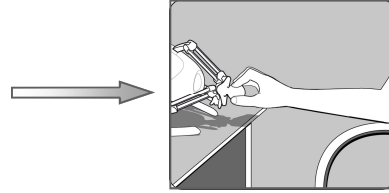


## Ergonomics—Using your Falcon comfortably

1. Novint recommends two workspace setups for using the Falcon to prevent fatigue and injury:

- 1a. Rest your elbow on your chair's arm rest so that it supports your arm's weight while you are using the Falcon. Ideally you should use a chair that has adjustable arm rests.



- 1b. Keep your arm parallel to the ground and not touching the table or workspace.
2. While using the Falcon, **maintain your wrist at a neutral position** so that there is no bend from your wrist to your hand.
3. Make sure the Falcon is clear of other objects on your desk (including food and drinks).
4. Never place any part of your body other than your hand near the Falcon's workspace.
5. Take breaks from game play often.

## Caution when using your Falcon



Although the Falcon is meant to be robust, it is still a precision instrument. **DO NOT BE TOO ROUGH IN YOUR MOVEMENTS WITH THE FALCON.** Avoid excessive force at the edges of the movement range to avoid damage to any of its components.



DO NOT PUSH THE FALCON GRIP  
IN ANY DIRECTION WITH  
TOO MUCH FORCE



Be sure that you don't let go of the Falcon Grip while you are using it, especially when there is a big force.



Don't leave small children unattended while using the Novint Falcon.